

Refreshments Provided During NRC 2024

Monday 4-8-24

- **Breakfast 7:30 – 8:30 MOHEGAN SUNRISE CONTINENTAL BREAKFAST BUFFET**
 - Assorted Fruit Juices, Fresh Fruit Salad, Assorted Individual Greek Yogurts
 - Chef's Selection of Assorted Fresh Baked Muffins, Danish and Scones
 - Coffee, Decaffeinated Coffee and Fine Quality Teas
 - Assorted Fruit Juices
- **Break 10:30 – 11:00 REFRESHER BREAK**
 - Coffee, Decaffeinated Coffee and Fine Quality Teas, Assorted Soft Drinks and Bottled Dasani Water
- **Lunch 12:00 – 1:15 ITALIAN LUNCH BUFFET**
 - SALADS: Traditional Caesar Salad, Fregola Salad, Warm Garlic Bread Sticks
 - Eggplant Rollatini, Chicken Parmesan
 - Chef's Selection of Seasonal Vegetables and Penne Marinara
 - Grated Parmesan Cheese, Red Pepper Flakes
 - DESSERTS: Mini Cannoli, Tiramisu, Panna Cotta, Seasonal Fruit Salad
 - Coffee, Decaffeinated Coffee and Fine Quality Teas, Assorted Soft Drinks and Bottled Dasani Water
- **Break 3:00 – 3:15 SWEET AND SAVORY BREAK**
 - Assorted House Made Cookies, Brownies and Bars, Assorted Individual Bags of Chips
 - Coffee, Decaffeinated Coffee and Fine Quality Teas, Assorted Soft Drinks and Bottled Dasani Water
- **Networking Reception 5:00 – 6:00**
 - 2 Hosted Drink Tickets** Quality Brand Drink, Beer, Wine or Soda
 - CHEESE DISPLAY** Imported and Domestic Cheese Variety, Premium Cracker Assortment, Lavash and Sliced French Bread Sliced or Cubed Fruit
 - SLIDER BAR** Hand Crafted Herb Burger with Cheddar Cheese, Boneless Fried Chicken Thigh (DF), Tahini Chickpea with Tzatziki (GF, Vegan) - potato Rolls, Wedge Cut Fries, Pickle Spears, Ketchup, Mustard, Mayonnaise

Tuesday 4-09-24

- **Breakfast 7:30 – 8:30 EGGCELLENT MORNING BREAKFAST BUFFET**
 - Fresh Fruit Salad
 - Assorted Individual Greek Yogurts, Chef's Selection of Assorted Fresh Baked Muffins, Danish and Scones
 - Breakfast Sandwiches on Fresh Baked Croissant (1 per person)
 - Scrambled Egg and Cheddar Cheese with Crisp Bacon, Scrambled Egg Whites with Oven Roasted Tomatoes, Spinach, Onions and Herbs
 - Coffee, Decaffeinated Coffee and Fine Quality Teas
 - Assorted Fruit Juices
- **Break 10:30 – 10:45 REFRESHER BREAK**
 - Coffee, Decaffeinated Coffee and Fine Quality Teas, Assorted Soft Drinks and Bottled Dasani Water
- **Lunch 12:00 – 1:15 IT'S A WRAP LUNCH BUFFET**
 - SALAD AND SIDES: Tossed Garden Salad with Assorted Dressings, Home-Style Potato Salad, Pasta Salad
 - Individual Bags of Assorted Chips
 - SANDWICHES: Fresh Roasted Turkey Wrap- Cranberry Yogurt Spread, Chicken Caesar Salad Wrap, Honey Ham and Cheddar Cheese Wrap with Roasted Roma Tomatoes and Honey Mustard Mayo Tuna Salad Wrap Balsamic Grilled Vegetable Wrap
 - DESSERTS: Assorted Freshly Baked Cookies, House Made Brownies and Blondies, Seasonal Fruit Salad
 - Coffee, Decaffeinated Coffee and Fine Quality Teas, Ice tea and lemonade
- **Break 3:00 – 3:15 AT THE BALLPARK BREAK**
 - Assorted Candy Bars, Freshly Popped Popcorn
 - Warm Pretzel Bites with Warm Cheese Sauce
 - Coffee, Decaffeinated Coffee and Fine Quality Teas, Assorted Soft Drinks and Bottled Dasani Water